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ਰਾਜ ਵਿਦਿਅਕ ਸ਼ੇਜ ਤੇ ਸਿਖਲਾਈ ਪ੍ਰੀਸ਼ਦ ਪੰਜਾਬ



ਪੀ.ਐਸ.ਈ.ਬੀ. ਕੰਪਲੈਕਸ, ਵਿਦਿਆ ਭਵਨ, ਬਲਾਕ-ਈ, ਫੇਰੀ ਮੰਜਿਲ, ਫੇਜ਼-8, ਐਸ.ਏ.ਐਸ.ਨਗਰ

ਈਮੇਲ: directorscart@punjabeducation.gov.in, ਫੋਨ ਨੰ: 0172-2212221

ਵੱਲ

ਸਮੂਹ ਜ਼ਿਲ੍ਹਾ ਸਿੱਖਿਆ ਅਫਸਰ (ਸੈ.ਸਿ.),
ਪੰਜਾਬ।

ਮੀਮੋ ਨੰ: SECRET/SC1/2023-24/ 2023146439/e.-499895

ਮਿਤੀ: 26/5/2023

ਵਿਸ਼ਾ: World Environment Day June 5, 2023 ਨੂੰ Mission LiFE (Lifestyle For Environment) ਅਧੀਨ ਮਨਾਉਣ ਸੰਬੰਧੀ।

1.0 ਉਪਰੋਕਤ ਵਿਸ਼ੇ ਵੱਲ ਧਿਆਨ ਦੇਣ ਦੀ ਖੋਚਲੀ ਕੀਤੀ ਜਾਵੇ ਜੀ।

2.0 ਉਕਤ ਵਿਸ਼ੇ ਦੇ ਸੰਬੰਧ ਵਿੱਚ Additional Secretary Government of India Ministry of Environment, Forest and climate change ਤੋਂ ਪੱਤਰ ਨੰ. D.O. No. 08/53/2023 LiFE Cell Dated 05th May, 2023 ਪ੍ਰਾਪਤ ਹੋਇਆ ਹੈ ਜਿਸ ਵਿੱਚ ਉਹਨਾਂ ਵੱਲੋਂ ਵਿਸ਼ਵਵਿਆਪੀ ਮੁਹਿੰਮ Mission LiFE (Lifestyle For Environment) ਅੰਤਰਗਤ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਵਾਤਾਵਰਨ ਪ੍ਰਤੀ ਸੰਵੇਦਨਸ਼ੀਲ ਕਰਨ ਅਤੇ ਵਿਸ਼ਵ ਵਾਤਾਵਰਣ ਦਿਵਸ 5 ਜੂਨ, 2023 ਵਿੱਚ 'ਜਨ ਭਾਗੀਦਾਰੀ' ਨੂੰ ਯਕੀਨੀ ਬਣਾਉਣ ਅਤੇ ਪੰਜਾਬ ਸਰਕਾਰ ਦੇ ਅਧੀਨ ਆਉਂਦੇ ਸਕੂਲਾਂ ਦੇ ਅੰਦਰ ਵੱਖ-ਵੱਖ ਗਤੀਵਿਧੀਆਂ ਕਰਵਾਉਣ ਲਈ ਕਿਹਾ ਗਿਆ ਹੈ (ਪੱਤਰ ਨੱਥੀ ਹੈ)।

3.0 LiFE ਜਾਗਰੂਕਤਾ ਮੁਹਿੰਮ ਲਈ Chat-Bot, Instagram handle@ureportindia, WhatsApp number 9650414141 or Facebook Messenger handle@ureport.india ਰਾਹੀਂ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ Digital Youth Engagement Platform U-Report India ਰਾਹੀਂ ਭਾਗ ਲੈਣ ਲਈ ਉਤਸ਼ਾਹਿਤ ਕੀਤਾ ਜਾਵੇ।

4.0 ਵਿਸ਼ਵ ਵਾਤਾਵਰਨ ਦਿਵਸ 5 ਜੂਨ 2023 ਦੇ ਸੰਦਰਭ ਵਿੱਚ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸਕੂਲ ਦੀ ਸਵੇਰ ਦੀ ਸਭਾ ਦੌਰਾਨ ਹੇਠਾਂ ਲਿਖੀਆਂ ਗਤੀਵਿਧੀਆਂ ਲਈ ਉਤਸ਼ਾਹਿਤ ਕੀਤਾ ਜਾਵੇ-

1. ਆਪਣੇ ਆਲੇ-ਦੁਆਲੇ ਨੂੰ ਪਲਾਸਟਿਕ ਮੁਕਤ ਬਣਾਉਣਾ।
2. ਸਾਈਕਲ ਚਲਾਉਣ ਲਈ ਉਤਸ਼ਾਹਿਤ ਕਰਨਾ।
3. ਕੱਪੜੇ ਦੇ ਥੈਲੇ ਦਾ ਪ੍ਰਯੋਗ ਕਰਨਾ।
4. ਆਪਣੇ ਪਿੰਡ ਦੇ ਟੋਭੇ/ਤਲਾਅ ਨੂੰ ਸਾਫ਼ ਰੱਖਣਾ।

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5. ਸਕੂਲ ਨੂੰ ਪਲਸਟਿਕ ਮੁਕਤ ਬਣਾਉਣਾ।
6. ਕਾਗਜ਼ ਦਾ ਘੱਟ ਉਪਯੋਗ ਕਰਨਾ।
7. ਖੇਡ ਗਤੀਵਿਧੀਆਂ ਨੂੰ LiFE ਨਾਲ Co-brand ਕੀਤਾ ਜਾਵੇ।
8. ਈਕੋ ਕਲੱਬਾਂ ਨੂੰ ਹੋਰ ਮਜ਼ਬੂਤ ਬਣਾਇਆ ਜਾਵੇ।
9. ਭੋਜਨ ਨੂੰ ਵਿਅਰਥ ਨਾ ਕਰਨਾ।
10. ਪਾਣੀ ਦੀਆਂ ਟੂਟੀਆਂ ਨੂੰ ਲੀਕ ਨਾ ਹੋਣ ਦੇਣਾ।

5.0 ਸਕੂਲ ਦੁਆਰਾ ਉਪਰੋਕਤ ਗਤੀਵਿਧੀਆਂ ਦੀਆਂ ਵੀਡੀਓ ਅਤੇ ਫੋਟੋਆਂ ਮਿਸ਼ਨ LiFE ਦੇ ਪੋਰਟਲ <https://merilife.org/> or Mission Life Portal <http://missionlife-moefcc.nic.in> ਉੱਤੇ ਅਪਲੋਡ ਕਰਨ ਲਈ ਸਬੰਧਤ ਸਕੂਲ ਦੇ ਪ੍ਰਿੰਸੀਪਲਾਂ ਨੂੰ Field Officer ਅਤੇ ਜ਼ਿਲ੍ਹਾ ਸਿੱਖਿਆ ਅਫਸਰ ਨੂੰ ਜਿਲ੍ਹਾ ਪੱਧਰ ਤੇ District Field Officer ਲਗਾਇਆ ਜਾਂਦਾ ਹੈ।

6.0 ਉਕਤ ਗਤੀਵਿਧੀਆਂ ਨੂੰ ਸੁਚਾਰੂ ਢੰਗ ਨਾਲ ਚਲਾਉਣ ਲਈ ਜ਼ਿਲ੍ਹਾ ਸਿੱਖਿਆ ਅਫਸਰ (ਸੈ.ਸਿੱ) ਮੋਨੀਟਰਿੰਗ ਕਰਨਗੇ ਅਤੇ ਆਪਣੇ ਜ਼ਿਲ੍ਹੇ ਵਿੱਚ ਪੜ੍ਹਦੇ ਵਿਦਿਆਰਥੀਆਂ ਦਾ ਇਸ ਪ੍ਰੋਗਰਾਮ ਵਿੱਚ ਵੱਧ ਤੋਂ ਵੱਧ ਹਿੱਸਾ ਲੈਣਾ ਯਕੀਨੀ ਬਣਾਉਣਗੇ।

ਡਾਇਰੈਕਟਰ

ਰਾਜ ਵਿੱਦਿਅਕ ਖੋਜ ਅਤੇ ਸਿਖਲਾਈ ਪ੍ਰੀਸ਼ਦ, ਪੰਜਾਬ।

ਪਿੱਠ ਅੰਕਣ ਨੰਬਰ: ਉੱਕਤ

ਮਿਤੀ: 26.05.2023

ਉਪਰੋਕਤ ਦਾ ਉਤਾਰਾ ਸਮੂਹ ਪ੍ਰਿੰਸੀਪਲ/ਸਕੂਲ ਮੁਖੀਆਂ ਨੂੰ ਯੋਗ ਕਾਰਵਾਈ ਹਿੱਤ ਭੇਜਿਆ ਜਾਂਦਾ ਹੈ।

ਸਹਾਇਕ ਡਾਇਰੈਕਟਰ

ਰਾਜ ਸਿੱਖਿਆ ਖੇਤਰ ਅਤੇ ਸਿਖਲਾਈ ਪ੍ਰੀਸ਼ਦ, ਪੰਜਾਬ।

2020. ବିଜୁ ମିଶ୍ର ମିଳନ ଶ/ଗ ମିଶ୍ର
21/11/2023 ମା 29/5/2023

by 29/5/2023

प्रश्न 2. प्रमाण साधन-सूत्र गुणधर्म है (कम नोट्स
देखो) पर 2 प्रश्न दिए पाएँ, जहाँ प्रमाण सार 3 प्रश्न
2 प्रश्न, जहाँ जवाब रहे।

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for the following reasons & is
more



सत्यमेव जयते



लीना नन्दन
LEENA NANDAN

D.O.No. 08/05/2023 – LiFE Cell
May 2, 2023.

सचिव
भारत सरकार
पर्यावरण, वन और जलवायु परिवर्तन
SECRETARY
GOVERNMENT OF INDIA
MINISTRY OF ENVIRONMENT, FOREST
& CLIMATE CHANGE

This is with respect to the event on World Environment Day, June 5, 2023. In the run up thereto, it is envisaged that all Ministries/Organizations/ State Governments and UTs would organize major outreach and advocacy activities (Illustrative activities are at Annexure) for mass mobilization on Mission LiFE (Lifestyle for Environment). The aim of this outreach is to sensitise people about the impact of behavioural change on the environment.

2. The creatives for the mass mobilization are already available on the Mission LiFE portal which can be downloaded from there. The activities, once undertaken, need to be uploaded on the portal: merilife.org along with photos/videos. The Mission LiFE portal can be accessed at <http://missionlife-moefcc.nic.in/>.

3. In view of the importance of the event, I request you to kindly issue directions to all the concerned agencies/organizations under your administrative control, for awareness generation and sensitization about Lifestyle for Environment (LiFE), so that necessary action can be initiated immediately for advocacy and awareness regarding Mission LiFE.

Yours sincerely,

(Leena Nandan)

Encls.: as above.

Chief Secretaries of all States/UTs

Copy to:

1. All Principal Secretaries (Environment & Forest)
2. All Principal Chief Conservator of Forest
3. All Chairman & Member Secretary, State Pollution Control Board/Pollution Control Committees

नरेश पाल गंगवार, आई.ए.एस.
Naresh Pal Gangwar, IAS



अपर सचिव
महानगर सरकार
पर्यावरण, वन एवं जलवायु परिवर्तन मंत्रालय
ADDITIONAL SECRETARY
GOVERNMENT OF INDIA
MINISTRY OF ENVIRONMENT, FOREST
AND CLIMATE CHANGE

D.O. No. 08/53/2023-LIFECell

Dated: 5th May, 2023

Dear Sir/Madam,

Mission LIFE (Lifestyle for Environment) was launched by Hon'ble Prime Minister on 26th October, 2022 from Ekta Nagar, Gujarat, and is focussed on bringing about behavioural changes for combating climate change. The objective is a global movement for moving away from destructive and mindless consumption to deliberate and mindful utilisation of resources.

2. With a view to pan-India advocacy and awareness about LIFE, a mass mobilisation drive is being initiated in the month of May as a run-up to World Environment Day on June 5. It is against this background that you are requested to kindly disseminate the guidelines for activities in Schools in the month of May, that would engage school children and sensitise them about the impact that behaviours can have on the environment. The necessary information regarding Mission LIFE as well as the social media creatives /videos are available in open format and may be downloaded from the portal (<http://missionlife-mofcc.nic.in/>). Illustrative activities forwarded with D.O letter written by Secretary, EF&CC vide No. 08/05/2023-LIFECell dated 2.5.2023 is also enclosed for your reference (Annexure-I).

3. A chat-bot based campaign for LIFE awareness has been launched through a digital youth engagement platform called U-Report India. To participate, simply send LIFE to any one of the following: Instagram handle @ureportindia, WhatsApp number 9650414141, or Facebook Messenger handle @ureportindia

4. The Ministry of Environment, Forest & Climate Change has also developed another portal merilife.org for reporting about the events being organised at different levels. It would, therefore, be necessary that a Nodal Officer may be nominated from your department for updating the status of activities taken by Schools on Meri LIFE Portal regularly along with Photos/videos. The Portal can either be accessed at <https://merilife.org/> or through Mission LIFE Portal at <http://missionlife-mofcc.nic.in/>. Set of instructions for uploading the information on Meri LIFE Portal are at Annexure-II. The details of the Nodal officer also may be furnished at life-mofcc@gov.in.

5. You may also work in collaboration with UN agencies (UNICEF as well as other UN agencies) to ensure participation of youth, teachers, parents, local people and representatives for mass movement. We look forward to your support and cooperation in making this outreach and advocacy a success.

Regards,

Yours sincerely,

(Naresh Pal Gangwar) 5. 2023

To,

1. All Additional Chief Secretaries of States/UTs
2. All Principal Secretaries (Education) (as per list attached).



पृथ्वी विंग, पांचवा तल, कमरा नं. 505, इंदिरा पर्यावरण भवन, जोर बाग रोड,
नई दिल्ली-110003, फोन: (011) 20819247, ई-मेल: asnpg.mefcc@gov.in

Prithvi Wing, 5th Floor, Room No. 505, Indira Paryayaran Bhawan, Jor Bagh Road,
New Delhi-110003, Tel.: (011) 20819247, E-mail: asnpg.mefcc@gov.in

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आजादी का
अमृत महोत्सव

Mass Mobilization for Mission LIFE

Illustrative List of Actions

1. Organize Plastic Cleanup Campaigns inside all Protected Areas, Zoological Parks, and buffer zones with community members, schools, and other institutions.
- ✓ 2. Promote bicycle routes and organise cycling rallies.
3. Drive to ensure 100% Ujjwala Connection in neighbouring villages.
4. Popularise the use of cloth bag instead of Plastic bags through Thaila ATMs.
5. Cleaning of wetlands.
6. LIFE centres for collecting old clothes, Books and utensils in Police Lines.
7. Construction of Water Harvesting Structures in Police Lines.
- ✓ 8. Making College and University campuses Plastic free.
- ✓ 9. Creating less paper or Digital Campuses to avoid use of paper.
10. Avoid food wastage in Hostel Canteens and Cafeterias - promote serving of small portions.
- ✓ 11. Activating network of Eco Clubs to undertake Awareness Campaigns in May.
12. Declaring Plastic Free Schools in each Panchayat.
13. Launch drives for Hotels/Restaurants for prevention of food waste, and serving in small portions.
14. Launch campaign to convert Green and Clean Panchayats to LIFE Villages
15. Cleaning of Village Pond(s) through public participation.
16. Undertake a special drive in May to create awareness on Mission LIFE in Urban Local Bodies.
17. Publicize the social media creatives on Mission LIFE at the Metro Stations and broadcast LIFE messages through the public address system within the Metro Trains.
- ✓ 18. Sport Events may be co-branded with LIFE.
19. Launch "Zero Leak Campaign" for fixing such leakage points across the country in rural and urban areas
20. Conduct workshops to promote LIFE actions in Agriculture sector such as using agricultural residue for mulching and composting, increased awareness of the importance of Soil Organic Matter and use of Organic Carbon and switching from water intensive crops to water efficient crops (eg. millets)
21. Launch a campaign declaring Corporate Offices Plastic Free.
22. Hackathon related to LIFE themes on grassroot challenges by all SPCBs and PCCs.
23. Campaigns for 'Zero Leakage' from industrial areas.
24. Plastic free working in SPCBs, PCCs and CPCB; self-evaluation criteria for plastic reduction.
25. One month cleanliness drive at beaches by Coastal States.



User Manual for Nodal Officers

Visit MeriLIFE.org	
<ol style="list-style-type: none">1. Enter merilife.org through your web browser on your mobile or laptop2. Click on Login	
Sign Up	
<ol style="list-style-type: none">1. Through the Ministry login page, enter the designated User ID and password that has been assigned to your relevant Ministry2. Click on Login3. Enter your Name, Email ID, Designation and Mobile number <i>*Please note that all fields are compulsory</i>4. Click on OTP verification5. Enter the OTP received and click on Login	
Access your Ministry Dashboard	
I. View past reported events by you and generate reports	<ol style="list-style-type: none">1.1. Access your dashboard of actions or awareness events that have been previously reported by you1.2. Download the report for your perusal
II. View past reported events by Institutions under your relevant Ministry and generate reports	<ol style="list-style-type: none">2.1. Click on your profile2.2. Select 'Institute Action Report'2.3. Access the dashboard of actions or awareness events that have been previously reported by Institutions/Departments/Organizations under your relevant Ministry2.4. Download the report for your perusal2.5. Click on Dashboard to go back to your Ministry Dashboard
III. Report New Action	<ol style="list-style-type: none">3.1. On the main dashboard, click on New Action Report to report a new event undertaken by you3.2. Fill the Action Report with comprehensive details of the event undertaken by you3.3. Please remember to enter the captions for photos and videos submitted3.4. Please mark whether you have taken the Mission LIFE Pledge3.5. Click Submit
IV. Change Password or Log Out	<ol style="list-style-type: none">4.1. Click on your profile4.2. From the dropdown, select 'Change Password' or 'Log Out'
Help/Support Desk	
<ol style="list-style-type: none">1. On the landing page, click on Help2. Please read the Frequently Asked Questions (FAQs) for responses to your queries3. For any new issue you are experiencing, please fill the support form and click Submit so that the team can resolve the issue	



User Manual for District Field Officers

Visit MeriLIFE.org	
1. Enter merilife.org through your web browser on your mobile or laptop	
2. Click on Login	
Sign Up	
1. Through the Institution login page, click on "Don't have an account? Sign up"	
2. Select the name of Ministry, Institution and enter your Name, Designation, Email ID and Mobile Number <i>*Please note that all fields are compulsory</i>	
3. Click on OTP verification	
4. Enter the OTP received and click on Sign Up	
Access your Institution/Department/Organization Dashboard	
I. View past reported events by you and generate reports	1.1. Access your dashboard of actions or awareness events that have been previously reported by you 1.2. Download the report for your perusal
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